

St. James United Church Announcements May 7, 2023

Upcoming Events:

- Mon. May 8th 1pm UCW Meeting (upper room)
- Wed. May 10th 9:30am Social Morning (upper room)
- Sun. May 14th 10am Worship Service
- Wed. May 17th 9:30am Social Morning (upper room)
- Sun. May 21st 10am Worship Service
- Tues. May 23rd 9:30am Board Meeting
- Wed. May 24th 9:30am Social Morning (upper room)
- Sun. May 28th 10am Worship Service

Thank you to this Sunday's volunteers who make our time of gathering meaningful & fun.

Greeter: Could this have been you? **Lay Reader**: Could this have been you?

Refreshments: Donna Wice

A great big thank you to all the volunteers who made our Pasta Plus Lunch such a success! There was not a spoonful left over and all were fed. What an amazing community of faith we have with so many willing hands who cooked, served, cleaned up, stacked furniture, did dishes etc.!

Heather Walker is a new great-grandma

Congratulations!

to Jack!





THIS WEEK IN WORSHIP... from Pastor Patricia

It is the first Sunday of the month, and that means... **Welcome to our Hymn Sing!!!**



This month, in honour of our mothers and other female mentors,

I have chosen hymns that were written by women... and there is incredible female talent!

As we raise our voices together this Sunday, remember # 720, found in our Voices United Hymn Book

<u>John Wesley's Directions for Singing:</u>

- 1. Learn these tunes before you learn any others, afterwards learn as many as you please.
- 2. Sing them exactly as they are printed here, without altering or mending them at all; and if you have learned to sing them otherwise, unlearn it as soon as you can.
- 3. Sing All see that you join the congregation as frequently as you can. Let not a slight degree of weakness or weariness hinder you. If it is a cross to you, take it up and you will find a blessing.

- 4. Sing Lustily and with good courage. Beware of singing as if you were half-dead or half-asleep; but lift up your voice with strength. Be no more afraid of your voice now, nor more ashamed of its being heard, than when you sang the songs of Satan.
- 5. Sing Modestly do not bawl so as to be heard above or distinct from the rest of the congregation that you may not destroy the harmony, but strive to unite your voices together so as to make one melodious sound.
- 6. Sing in time whatever time is sung, be sure to keep with it. Do not run before and do not stay behind it; but attend closely to the leading voices and move therewith as exactly as you can and take care not to sing too slow. This drawling way naturally steals on all who are lazy; and it is high time to drive it out from among us and sing all our tunes just as quick as we did at first.
- 7. Sing spiritually have an eye to God in every word you sing. Aim at pleasing Him more than yourself, or any other creature. In order to attend strictly to the sense of what you sing, and see that your heart is not carried away with the sound, but offered to God continually; so shall your singing be such as the Lord will approve here, and reward when he cometh in the clouds of heaven.

~ from John Wesley's Select Hymns, 1761

Please join me on Sunday as I sing out of tune and off tempo,
but with faith and joy in my heart!
~ Pastor Patricia

Outreach

On **Friday, May 12**th (7 to 9pm), all are invited to attend a **Family Friendly Coffee House at Burton Avenue UC.** This is being held as a fundraiser for BAUC's "O Canada" youth trip to Miawpukek First Nation in Conne River, NFLD on July 3-10. There is a \$5 cover charge. For further information, please speak to Heather Walker.



The past two weeks have been sad ones for our St. James family as we say goodbye to 2 people who we have lost.

While many of us didn't have the opportunity to know Greg McGrath, who passed away after a very short illness at 61 years of age, we certainly know his beloved wife Mary (Marika). Many condolences, offers of support, meals and cards have been given to Mary from her church family.

Greg's service is on Saturday, May 6th at St. James Church at 11 am.



We also lost Norm Kerswill, a long-time member of our congregation.

Many of you will remember Norm with a smile on your face and

warmth in your heart.

Norm and his beloved wife Faith sat faithfully in their pew until her passing in 2015.

Since then, Norm has welcomed and enjoyed our fellowship letters over the years.

Norm's Celebration of Life will be held this **Thursday, May 4**th at Innisfil Funeral Home in Stroud at 12 noon.

Visitation begins at 11 am.

Whereas mental health is an essential part of everyone's health and well-being; and

Whereas Mental Health Week has been hosted by the Canadian Mental Health Association in communities across Canada for over 70 years; and

Whereas, one in five Canadians experience a mental illness or mental health issue; and

Whereas all people in Canada need to promote, protect, and nurture their mental health; and

Whereas, this is a time for Canadians to come together to speak openly about mental health, listen with empathy to the stories of others, and support those who are struggling; and

Whereas promoting social connection is an important aspect of human life and an effective way to protect mental health; and

Whereas since the pandemic, our community members may be experiencing further difficulties maintaining their mental health and social connections; and

Whereas, help is available through organizations such as the Canadian Mental Health Association

Therefore I, Mayor Lynn Dollin, on behalf of Innisfil Council hereby proclaim May 1 to 7, 2023 as Mental Health Week in the Town of Innisfil.



Tee Off for Mental Health!

March 30, 2023

Get ready to Tee Off for Mental Health and join us on June 13th, 2023, for a golf tournament in support of the Canadian Mental Health Association Simcoe County Branch. Register now at:

https://interland3.donorperfect.net/weblink/WebLink.aspx?name=E920353QE&id=20

Registration for the event begins at 11 am and ends at 12:30 pm, so make sure to arrive on time to secure your spot in the tournament. Enjoy a complimentary breakfast served from 11:00 am until 12:00 pm to fuel up for your round. The driving range is also open to warm up and get ready for your day on the course.

Take on the challenge of the golf course while enjoying the provided lunch served on the course. But that's not all! You'll also have the opportunity to win amazing prizes and bid on fantastic items at the silent auction.

Whether it's you or someone you know confronting a mental health issue or mental illness, you can find help by browsing the programs, services, and community organizations below.

If you are in crisis, call 911 or 1-800-668-6868 to speak to a counsellor for free.





Keep this link from the library handy.

It could be a lifeline for you or someone you know.

Valuable Links for Mental Health

Innispirit Support! from Churchill/Gilford Church...

May 13 - SPRING FLING! at Churchill - baking, plants, tea, crafts, books, white elephant sale - bring the whole family!



Donations for BENEVOLENT BOOK SALE!

In preparation for the Spring Fling May 13, we are collecting gently used books to be sold at the event.

All proceeds to the Benevolent fund to help support local individuals and families in need.

Please make sure they are:

- Gently Used.
- Novels, biographies, gardening/cookbooks.
 - Limit of 5 per donation.
- Please No: Dictionaries, encyclopedias, school text books.

A bin will be provided at both churches to collect the books over the next few weeks.

For more information, contact Dale at 705-456-0581.

From the South Simcoe Church Cluster Group...



Bond Head United Church

Jesus Revolution Sunday

May 7th

A celebration of the music of the "Jesus Revolution" era of the 1970s hosted by Joyful Noise. Come dressed in your favourite 1970's era clothing: bell bottoms, psychedelic shirts, flower power hats...be creative!

News from Simcoe County Alliance to End Homelessness...

With cuts to English as a second language classes in Ontario, Innisfil Library has responded by setting up "conversation circles" to help new Canadians learn and use English. They meet every Thursday evening from 6:30-7:30 pm.

Innisfil has also established Food Fridges at the YMCA and Cookstown library branches. The Rotary Club is now using a commercial kitchen in the Rizzardo Centre to prepare meals for food bank recipients.

The Furniture Bank has moved to an online platform. When a need arises, people can contact furniturebanksouthsimcoe@gmail.com and a request goes out to a network of churches and agencies to meet the need. We have set up an account with Trash Nothing, which is an online platform where people looking to donate furniture can list their items for pickup.





SATURDAY, MAY 13, 2023 8:30 a.m. – noon MIDHURST UNITED CHURCH

91 Doran Road, Midhurst

A variety of plants for sale from the gardens of our congregation.... And.... lots of homemade baking!

A fundraiser for Midhurst United Church

ROAST BEEF DINNER

Saturday May 27th

Take Out Style

Enjoy a delicious takeout meal including -

- *Roast Beef and gravy (vegetarian option available)
- *Mashed potatoes and vegetables
- *Salad
- *A selection of our famous homemade pies

COST: \$30.00 (plus Eventbrite Ticketing fee)

TICKETS: https://www.eventbrite.com/e/takeout-beef-dinner-tickets-626243951517

**note: ticket sales end Tuesday May 23rd **



Saturday May 27th
Dinners can be picked up at the
church drive-thru on Sat. May 27 at
your scheduled time and then easily
reheated at your convenience
Midhurst United Church
91 Doran Road
Midhurst

Questions?

phone: Liz at 705-722-7208